

# Finding the right job after an extended career break can be difficult

Thinking about returning to work?



You're not alone...

Over **1 million people** in the UK are out of work due to caring for family or home but would like to return to paid employment in the future

Over **90%** are women

Many have a wealth of **skills, experience** and **talent** but struggle to find jobs to match their skill set.

This is a huge loss to **employers**, the **economy** and to **people like you!**

Research indicates that around **30%** of those **1 million** people interested in returning to work say they are likely to do so this year. If they did, this could be over **£3 billion** in their pockets, contributing over **£300 million** to the public purse.

There are a number of routes available to get back into work such as...

It can feel like there are lots of barriers in the way

- ongoing caring responsibilities and childcare
- not having the right skills
- lack of confidence
- gaps in your CV
- lack of recent references
- lack of flexible working options

**1** Returner programmes: a fixed term contract with training, support and competitive pay

**2** Supported hires: permanent roles for returners, with additional support

**3** Apprenticeships and on the job training schemes.

These routes can provide a bridge back into permanent employment

Open up networks

Reconnect to your industry

Refresh and develop your skills

Realise your potential

